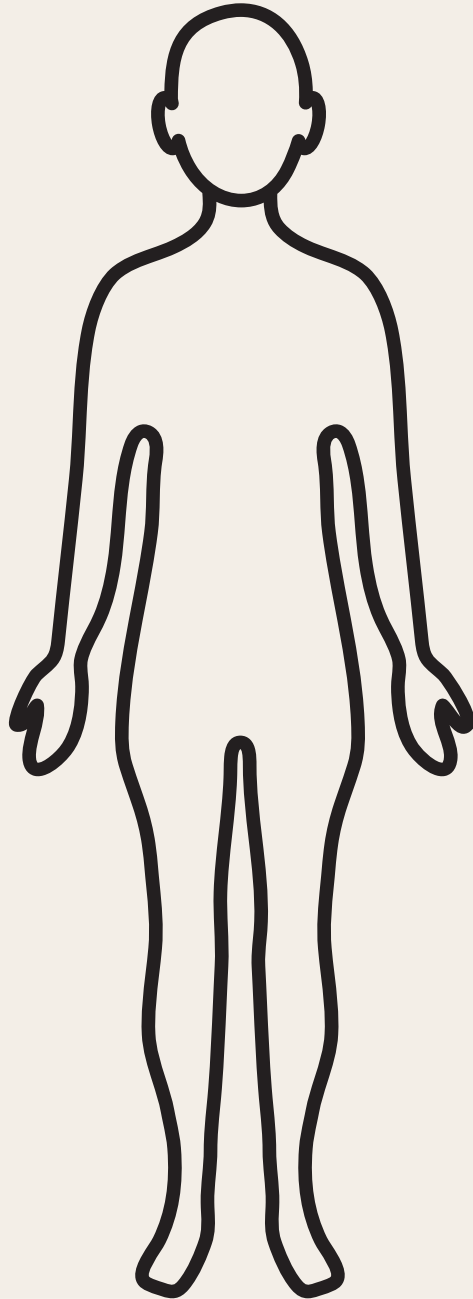


# BODY MAPPING TEMPLATE

Where are you feeling sensations in your body?  
Use color to identify where and how you are feeling.



LIFT HOLD HEAL  
JOANNALYNWARREN