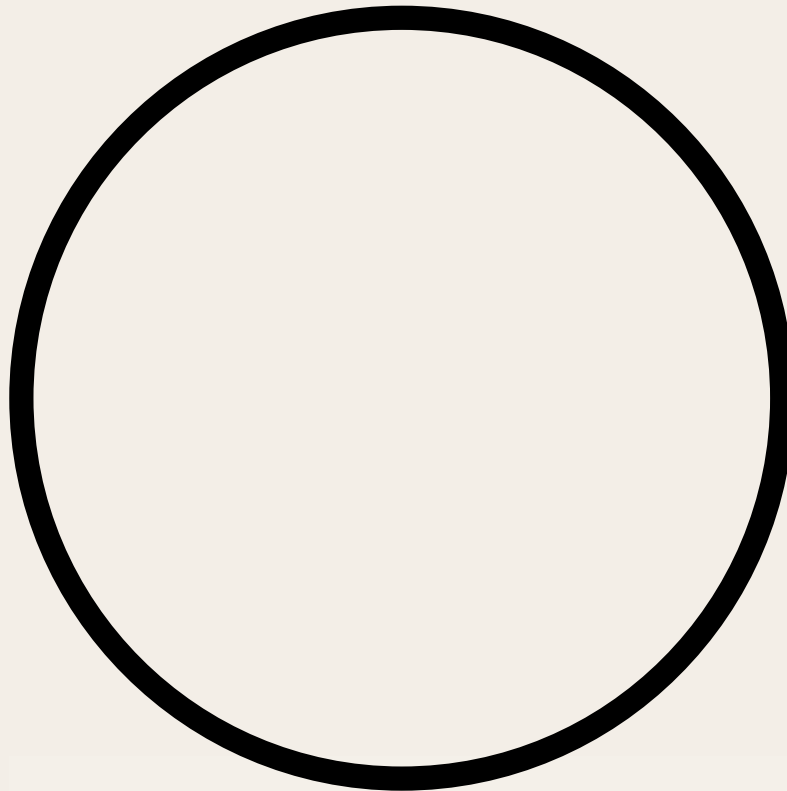


FEELINGS WHEEL TEMPLATE

- 1 List out a 3-6 emotions you are feeling right now.
- 2 Choose a color to represent each emotion.
- 3 Divide the below circle into slices. Use size to indicate how much of each emotion you are feeling.

"Today I feel..."

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____



LIFT HOLD HEAL
JOANNALYNNWARREN