Art Therapist, Artist and Art Educator dedicated to cultivating transformational experiences and positive learning for all ages in the office, studio, home, museum, classroom or virtually. Art and sensory materials are utilized with multi-modal techniques to make meaningful connections with self, others, art and the environment.

Strengths and accomplishments include:

#### **Art Therapist**

- Planning and facilitation of individual and group art therapy sessions for a variety of ages, implementing sensory and traditional art materials as pertinent to assessment, diagnoses and treatment plan(s).
- Actively addressing members of Interdisciplinary Team (IDT) with pertinent and timely information regarding status and present needs of clients and hospital patients.
- Composition of progress/chart notes, clearly articulating the flow of a session and client engagement (verbal and non-verbal).
- Utilize effective interpersonal skills to engage families and their supports throughout the wraparound process, facilitating team meetings and promoting collaboration among youth, family, team members and the community at large to support the development of life skills, confidence and self-respect in order for young women to achieve their authentic self.
- Providing emotional support to hospital patients and their families both bedside and via Telehealth (during Covid-19 pandemic), as well as facilitating weekly Zoom group art therapy sessions for children of hospital workers.

#### Art Educator

- Teaching in the studio, home, museum, classroom and virtually (Zoom, Google Meet) with a successful agenda of inquiry, art making and reflection.
- Collaboration with various departments, institutions and organizations to plan quality meetings, sessions and events.
- Evaluating each event and program through verbal, experiential and written methods.
- Acquisition of Pinkerton grant providing for inclusive GuggTeen program, including stipends for high school students.
- Managing Teen Volunteer program for twenty-five dedicated high school students trained to assist with ongoing Family Programs.
- Writing sequential-stop museum curriculum for self-led activity guides, as well as on-your-own, printable art activity guides.

### **Employment History**

Art Therapist

# Art Therapist, Contractual (Jan 2022-present)

Newport Healthcare, Kirkland + Snohomish, WA

# Creative Art Therapist, Private Practice (Sept 2021-present)

Lift Hold Heal, Woodinville, WA

# WISe Coordinator and Art Therapist (Oct 2020-Dec 2021)

You Grow Girl!, Seattle, WA

# Creative Arts Therapy Intern (Oct 2018-May 2020)

Mount Sinai Hospital, Palliative Care, New York, NY (Sept 2019-May 2020) League Education and Treatment Center, Brooklyn, NY (Oct 2018-Jun 2019)

Art Educator

### Youth Educator (Oct 2018-present)

Solomon R. Guggenheim Museum, New York, NY

## **Education and Training**

## The Pratt Institute, BK, NY (2018-2020)

MPS Art Therapy and Creativity Development

### The Solomon R. Guggenheim Museum, NYC (2012-2013)

Tour Training Program

# Art Lab Facilitator, Family Programs (Oct 2017-Jun 2019)

Museum of Modern Art, New York, NY

### Art Instructor (Oct 2018-Jun 2019)

Private Picassos, Brooklyn, NY

# Education Associate, High School and Family Programs (Oct 2013-Oct 2018)

Solomon R. Guggenheim Museum, New York, NY

# Teaching Artist, Learning Through Art Program (Sept 2014-Jun 2017)

Solomon R. Guggenheim Museum, New York, NY

### Studio Manager, Rodney Durso (Apr-Oct 2015)

West Chelsea Arts Building, New York, NY

# Teaching Artist, Family Programs (Feb 2014-Feb 2015)

Purchase College, Neuberger Museum of Art, Purchase, NY

# Drop-in-Drawing Volunteer, Studio Programs (May 2013-Dec 2014)

Metropolitan Museum of Art, New York, NY

## The City College of New York, NY (2005-2008)

Bachelor of Arts, Studio Art

### University of Valley Forge, Phoenixville, PA (2000-2002)

Associates Degree, Theology